

Thomas Elementary School Breakfast Menu

August 23 - August 31, 2010



Monday - August 23	Tuesday - August 24	Wednesday - August 25	Thursday - August 26	Friday - August 27
Farmers Egg Breakfast Burrito Whole Wheat Tortilla Soft Cheddar Grits Basil Salsa Fresca 8 oz Skim or 1% Milk	Whole Grain Cereal Orchard Apple 8 oz Skim or 1% Milk	1oz Turkey Sausage Whole Grain French Toast Early Autumn Fruit Compote 8 oz Skim or 1% Milk	Granola Yogurt Parfait Late Summer Harvest Fruit Cup 8 oz Skim or 1% Milk	Open faced Egg Fritata with Salsa Fresca English Muffin Orchard Apple Hand Fruit Orange Juice 8 oz Skim or 1% Milk
Monday - August 30	Tuesday - August 31			
Farmers Egg Scramble Whole Grain Toast 1 oz Turkey Sausage Orange Juice 8 oz Skim or 1% Milk	Whole Grain Oat Bran Muffin Apple Juice or Orchard Pear Hand Fruit 8 oz Skim or 1% Milk			